Care Plan for Child with Severe Allergies Place child's Child's name: _____ Date of Birth: _____ picture here. ALLERGY: _____ Asthmatic: Yes □ No □ *Higher risk for sever reaction. **♦STEP 1: TREATMENT** Physician: Please indicate which treatment is to be given for indicated symptoms. Give medication indicated: For these symptoms: (dosage noted below) • If a food allergen has been ingested, but no symptoms: □ Epi-Pen ☐ Benadryl/Antihistamine Mouth itching, tingling, or swelling of lips, tongue, mouth □ Epi-Pen □ Benadryl/Antihistamine Skin hives, itchy rash, swelling of the face or extremities □ Epi-Pen □ Benadryl/Antihistamine Gut nausea, abdominal cramps, vomiting, diarrhea □ Epi-Pen □ Benadryl/Antihistamine • Throat **†** tightening of throat, hoarseness, hacking cough □ Epi-Pen □ Benadryl/Antihistamine thready pulse, low blood pressure, fainting, pale, blueness □ Epi-Pen □ Benadryl/Antihistamine Heart † Other □ Epi-Pen ☐ Benadryl/Antihistamine • If reaction is progressing (several of the above areas affected), give □ Epi-Pen □ Benadryl/Antihistamine † These symptoms are potentially life threatening. DOSAGE: TwinjectTM 0.15 mg Benadryl/Antihistamine: give _____ (medication/dose/route) Other: give_____ (medication/dose/route) **♦STEP 2: EMERGENCY CALLS**♦ 1. Call 911 (if Epi-Pen is administered). 2. Call Dr. _____at _____. 3. Call parents or emergency contacts: Mom: _____at _____ Dad: _____at _____ at at I give my permission for the provider to follow this plan of care prescribed by the physician. I also give my permission to call the health care provider(s) listed above for any additional medical information about my child. I understand that a photo of my child including my child's name and specific allergies and treatment will be posted at the program. Physician's signature Date: Parent's signature Date:

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